

§4.130 Schedule of ratings—mental disorders.

The nomenclature employed in this portion of the rating schedule is based upon the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, of the American Psychiatric Association (DSM-IV). Rating agencies must be thoroughly familiar with this manual to properly implement the directives in §4.125 through §4.129 and to apply the general rating formula for mental disorders in §4.130. The schedule for rating for mental disorders is set forth as follows:

Rating

SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDERS

- 9201** Schizophrenia, disorganized type
- 9202** Schizophrenia, catatonic type
- 9203** Schizophrenia, paranoid type
- 9204** Schizophrenia, undifferentiated type
- 9205** Schizophrenia, residual type; other and unspecified types
- 9208** Delusional disorder
- 9210** Psychotic disorder, not otherwise specified (atypical psychosis)
- 9211** Schizoaffective disorder

DELIRIUM, DEMENTIA, AND AMNESTIC AND OTHER COGNITIVE DISORDERS

- 9300** Delirium
- 9301** Dementia due to infection (HIV infection, syphilis, or other systemic or intracranial infections)
- 9304** Dementia due to head trauma
- 9305** Vascular dementia
- 9310** Dementia of unknown etiology
- 9312** Dementia of the Alzheimer's type
- 9326** Dementia due to other neurologic or general medical conditions (endocrine disorders, metabolic disorders, Pick's disease, brain tumors, etc.) or that are substance-induced (drugs, alcohol, poisons)
- 9327** Organic mental disorder, other (including personality change due to a general medical condition)

ANXIETY DISORDERS

- 9400** Generalized anxiety disorder
 - 9403** Specific (simple) phobia; social phobia
 - 9404** Obsessive compulsive disorder
 - 9410** Other and unspecified neurosis
 - 9411** Posttraumatic stress disorder
 - 9412** Panic disorder and/or agoraphobia
 - 9413** Anxiety disorder, not otherwise specified
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DISSOCIATIVE DISORDERS

- 9416** Dissociative amnesia; dissociative fugue; dissociative identity disorder (multiple personality disorder)
 - 9417** Depersonalization disorder
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SOMATOFORM DISORDERS

- 9421** Somatization disorder
 - 9422** Pain disorder
 - 9423** Undifferentiated somatoform disorder
 - 9424** Conversion disorder
 - 9425** Hypochondriasis
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MOOD DISORDERS

- 9431** Cyclothymic disorder
- 9432** Bipolar disorder
- 9433** Dysthymic disorder
- 9434** Major depressive disorder
- 9435** Mood disorder, not otherwise specified

CHRONIC ADJUSTMENT DISORDER

9440 Chronic adjustment disorder

General Rating Formula for Mental Disorders:

- Total occupational and social impairment, due to such symptoms as:
 gross impairment in thought processes or communication;
 persistent delusions or hallucinations; grossly inappropriate
 behavior; persistent danger of hurting self or others; intermittent
 inability to perform activities of daily living (including maintenance
 of minimal personal hygiene); disorientation to time or place; memory
 loss for names of close relatives, own occupation, or own name100
- Occupational and social impairment, with deficiencies in most areas,
 such as work, school, family relations, judgment, thinking, or mood,
 due to such symptoms as: suicidal ideation; obsessional rituals
 which interfere with routine activities; speech intermittently illogical,
 obscure, or irrelevant; near-continuous panic or depression affecting
 the ability to function independently, appropriately and effectively;
 impaired impulse control (such as unprovoked irritability with periods
 of violence); spatial disorientation; neglect of personal appearance and
 hygiene; difficulty in adapting to stressful circumstances (including
 work or a worklike setting); inability to establish and maintain
 effective relationships70
- Occupational and social impairment with reduced reliability and
 productivity due to such symptoms as: flattened affect; circumstantial,
 circumlocutory, or stereotyped speech; panic attacks more than once
 a week; difficulty in understanding complex commands; impairment
 of short- and long-term memory (e.g., retention of only highly learned
 material, forgetting to complete tasks); impaired judgment; impaired
 abstract thinking; disturbances of motivation and mood; difficulty in
 establishing and maintaining effective work and social relationships50
- Occupational and social impairment with occasional decrease in work
 efficiency and intermittent periods of inability to perform occupational
 tasks (although generally functioning satisfactorily, with routine
 behavior, self-care, and conversation normal), due to such symptoms
 as: depressed mood, anxiety, suspiciousness, panic attacks (weekly or
 less often), chronic sleep impairment, mild memory loss (such as
 forgetting names, directions, recent events)30
- Occupational and social impairment due to mild or transient symptoms
 which decrease work efficiency and ability to perform occupational
 tasks only during periods of significant stress, or; symptoms controlled
 by continuous medication10

A mental condition has been formally diagnosed, but symptoms are not severe enough either to interfere with occupational and social functioning or to require continuous medication0

EATING DISORDERS

9520 Anorexia nervosa

9521 Bulimia nervosa

Rating Formula for Eating Disorders:

Self-induced weight loss to less than 80 percent of expected minimum weight, with incapacitating episodes of at least six weeks total duration per year, and requiring hospitalization more than twice a year for parenteral nutrition or tube feeding.....100

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of six or more weeks total duration per year60

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of more than two but less than six weeks total duration per year30

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder and incapacitating episodes of up to two weeks total duration per year10

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder but without incapacitating episodes0

Note: An incapacitating episode is a period during which bed rest and treatment by a physician are required. (Authority: 38 U.S.C. 1155)

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Supplement *Highlights* references: 19(1), 48(1).

Next Section is §4.149

Reserved